

Edith Macy Center



Teambuilding

Are You Up For The Challenge?

Teambuilding events are a great way to strengthen work place camaraderie, to improve communication & leadership skills, and as a group... have fun!

Edith Macy currently offers several teambuilding options for you to choose from.

Some events may require additional location rental fees, facilitation/set up fees and special menus.

Ask your sales manager for specific details

Edith Macy Center: 550 Chappaqua Road, Briarcliff Manor, NY 10510
914-945-8097 – www.EdithMacy.com

All pricing subject to change without prior notice. Sales tax and 22% administrative fee will be applied to final bill



DECORATE YOUR OWN CUPCAKES

(Min. 12 ppl required / Max. 50 ppl)

Chef's choice variety may include of any of the following...

(at least 5 items will be available)

Chocolate Frosting – Vanilla Frosting - Whipped Cream – M & M's – Reeses Pieces – Sprinkles

Chocolate Chips – Butterscotch Chips – Peanut Butter Chips

This is a non-facilitated Team building event

HOLIDAY COOKIE DECORATING

(Min. 12 ppl required / Max. 50 ppl) (available seasonally)

Your group will be provided with an assortment of sugar and gingerbread cookies

Chef's choice variety may include of any of the following...

(at least 8 items will be available)

Chocolate Frosting – Vanilla Frosting – Colored Sugar – Assorted Sugar Sprinkles- M & M's – Reeses Pieces – Sprinkles

Chocolate Chips – Butterscotch Chips – Peanut Butter Chips – Candy Canes- Gum Drops

This is a non-facilitated Team building event



MAGNIFICENT MUNCHIES

(Min. 15 ppl required / Max. 40 ppl)

Who would be the best party hosts? Create the following snack items and enjoy! Salsa,

guacamole, hummus

Edith Macy Staff will provide tortilla chips and pita chips

BBQ SAUCE CHALLENGE

(Min of 12 people required)

In the time provided, your attendees will face off, create & deliver their best bbq sauce.

Things will definitely start heating up!

Edith Macy Staff will be providing: Garden Salad, Chicken, Ribs, Macaroni & Cheese, Seasonal Vegetables & Dessert



FRUIT LOOPY

(available seasonally)

(Min. 12 ppl required / Max. 50 ppl)

Watermelons, turnips, pineapples and many other fruits and vegetables could be carved and combined into either stylishly simple or very dense center pieces or even accents for your picnic table or indoor party decorations.



The art of carving foods is actually an Eastern custom that has been adopted by many creative food preparers around the world. In Thailand and Japan fruits carving is considered part of the presentation of the meal. The stunning designs that could be created make the fruit a center of attention when you serve your guests. No need to worry about what else is available on the table.

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BARTENDER BATTLE

(Min. 10 ppl required / Max. 40 ppl)

Put your mixology skills to the test!

Each team will prepare a three-drink cocktail menu using a full array of bar tools, our select liquors, and the Market Table, filled with assorted liquors, mixers, juices, sodas, fresh fruits, syrups, herbs & spices.

Teams will then present their cocktail menu to the rest of the group, and each drink will be judged on taste, presentation, and creativity before a winning team is chosen.



CHILI COOK OFF

(Min. 12 ppl required / Max. 32 ppl)

The group attendees will be responsible for preparing and cooking chili.

Judging and fire extinguishers optional

We will provide a variety of popular chili making ingredients (include chicken, ground beef, assorted beans, jalapenos, onions, etc.) and your group attendees will be responsible for preparing and cooking the chili.



*When the competition is complete, enjoy the creations with the following **DINNER MENU**:*

Tossed Garden Greens w/dressings and salad condiments, Tomato & Cucumber Salad, Southwestern Cole Slaw, Assorted Chili (PREPARED BY ATTENDEES), Santé Fe Chicken, BBQ Beef Brisket, Corn on the Cob, Grilled Marinated Vegetable Medley, Baked Potatoes, Corn Bread and Dessert

THE ULTIMATE GRILL

(Min. 20 ppl required / Max. 40 ppl)

The group attendees will be responsible for preparing and cooking the entire meal.

Grill Masters Wanted!

Potato Salad, Pasta Salad, Garden Salad, Beef Kabobs, Chicken Kabobs,
Vegetable Kabobs, Corn, Fruit & Dessert, Salsa and Snacks

*Based on the number of participants, additional items may be added

Assorted soft drinks are included in all packages above



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Pricing based on the number of participants

Let this be music to your ears! Edith Macy comes alive with the help of the very group that opened the 2008 Beijing Olympics, **Drum Café!** Each participant is given their own instrument to use, while the group leader teaches everyone how working together can create harmony.



TEAM BUILDING OFFERINGS

Edith Macy Remarkable Race

Duration: 2.0 – 2.5 hours

This team-based race showcases the beautiful outdoors at the Edith Macy property. Loosely based on the TV hit *The Amazing Race*, teams are required to seek out and solve a series of different challenges. This activity is easily customized to your organization or to a meeting theme. Collaboration, risk vs. reward and time management are key themes in this race.

Chain Reaction

Duration: 2 – 2.5 hours

Collaboration, diversity and interdependencies are the names of the game. Teams are given a box of everyday materials (funnels, tubes, wood, string, etc.) to create a chain reaction. The objective is for each team to work together to ensure that not only does their individual section work, but that it also triggers and works with each team's contraptions on either side of them, and so on, until a full chain reaction is created. The event culminates in moving an object, e.g. a marble or another type of ball, from one side of the room to another, utilizing every section, and through the entire room.

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Shore-to-Shore Bridge Build

Duration: 2 – 2.5 hours

This activity is not simply about building a bridge; it's about teamwork and effective communication. Project teams are challenged to work together to complete a large bridge made only with cardboard and duct tape! A successfully completed bridge must be strong enough for a 600-pound golf cart to be driven up and over it. Can your team deliver?! **Note:** there is an additional materials fee, agreed in advance.

“Row Your Boat” Regatta

Duration: 2 – 2.5 hours

Teams are challenged to build and decorate a boat using only the materials provided. All boats must be able to transport team members in a race across the “watery” finish line! This fun and engaging event provides opportunity for collaboration in a competitive environment. Teams need to draw on creative “out of the box” thinking and project management skills to develop a boat capable of traveling across the Edith Macy lake or, as an on land challenge, on top of foam noodles.

Note: there is an additional materials fee, agreed in advance.

Deconstruction Zone

Duration: 2 hours

Teams are challenged with completely deconstructing small appliances and other common household objects, then re-arranging the parts to form a photograph, sculpture or collage. Teams will share tools to encourage collaboration. Additional challenges can be incorporated. The final projects can be amazing!

Note: there is an additional materials fee, agreed in advance.

Corporate Portrait

Duration: 2 hours

Bring out the inner creativity of your organization by engaging teams as they create a painting that they either keep or gets donated to a local children's organization. It is truly a team effort. The final work of art can be proudly displayed in a lobby or waiting area.

True North's Office EscapeTM - New!

Duration: 1.5 hours

Have you ever felt like you were, literally, trapped in an office or meeting room? Now your team can discover what it feels like to be trapped in an office/ conference room for real!

Based on the popular “virtual room escape” genre of video games, True North's Office Escape version will make the game real, by challenging you and your team to figure out how to escape from an actual office/conference room. Put your heads together and use all of the clues available to help you search the office for the key that will finally allow your team to escape to freedom. Beware, it's not as easy as you might hope, you will have to put all of your brain-power to the test, solving puzzles, riddles and other challenges along the way before your team will finally be able to make its escape....or not!

CanSculptures

Duration: 1 – 1.5 hours

Give back to your community while having fun, being creative and having some friendly competition. Teams construct themed sculptures using canned goods as their primary building material. Once the sculptures are complete, they are presented to a team of judges and finally, donated to a local food bank. **Note:** there is an additional fee for canned goods/food items.

Bar Wars: A Cocktail-Making Competition

Duration: 2 hours

Take one-part cocktail history, mix with the latest cocktail trends, add in a bit of collaboration and you have Bar Wars: A Cocktail-Making Competition. Participants are challenged with coming up with the best tasting, best looking concoction - cocktail or mocktail.

Casino Night

Duration: 1 – 3 hours

Up the ante in your organization by bringing the atmosphere of Las Vegas or Monte Carlo to your next meeting with a True North Casino Night. Let the good times roll with a wide range of traditional casino games using professional dealers. Participants have the option of playing Blackjack, Roulette, Craps, Texas Hold ‘Em and other poker games. We offer a variety of formats: competitive, educational or for charity. Any way you decide to play, the night is a win for everyone! Prizes are optional and would be an additional cost.

Trivia Night

Duration: 1-1.5 hours

Our Quizmaster provides questions, fun and commentary in a multi-round and multi-format version of Trivia, covering topics such as entertainment, history, sports, geography, general knowledge, and more. It’s also possible to customize one round to your organization or industry. Prizes are optional and would be an additional cost.



CORPORATE SOCIAL RESPONSIBILITY EVENT OFFERINGS

Remarkable Race for Charity ~ 10 ppl – 100+ ppl

This activity is a team based “race” that showcases both teamwork and giving back at any hotel, conference center or urban area. Loosely based on the TV hit “The Amazing Race,” teams seek out and solve a series of different challenges. Points and donation items are awarded for speed and accuracy as teams pick up various clues and objects with roadblocks and detours along the way. This activity highlights many of the skills needed to succeed in a competitive environment, and, of course, bragging rights for the team that accumulates the most points. The event is finalized in a collaborative activity where the whole group packs Donation Kits to be given to a local charity of your choosing. It’s a great way to combine, fun, friendly competition and social responsibility!

Note: Donation items TBD, to be agreed upon in advance, based on recipients needs and requirements.

The Matrix for Charity – Indoor back up Event~ 10 ppl – 100+ ppl

A perfect activity for groups that want to engage in a fun, competitive activity that also emphasizes group coordination, teamwork and strategy as well as giving back to the local community. The activity requires groups to complete a variety of different activities as quickly as possible. Some of these activities can be done by one (1) person while most other activities require two or more participants from their group. Each challenge is different; some are pure logic puzzles while others are building- related and still others have a physical component. The more speed and efficiency each team demonstrates, the more donation items each team accumulates. Teams come together to pack Donation Kits that are given to a charity of your choice. The event culminated in a spirited awards ceremony during which there will be medals provided for the first/second/third place teams.

Note: Donation items TBD, to be agreed upon in advance, based on recipients needs and requirements.

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The Back to School Backpack Build~ 10 ppl – 100 +ppl

Some kids face the added stress of not being able to afford school supplies when going back to school and throughout the year. It is estimated that the average cost of required supplies for elementary students is \$44.48 and for middle school students it is \$68.84. Your team can help offset these costs with our Back to School Backpack Build. This program includes a game of “Are You Smarter than a Fifth-Grader,” where teams compete in fun/engaging activities based on typical subjects a fifth-grader would tackle, including science, math, geography, spelling, arts/crafts, gym, the lunchroom, and recess! Teams compete for the items that go in each backpack. It is possible to create two (2) different types of backpacks with either classroom supplies or art supplies. True North can help source a local charity that will ensure deserving kids will benefit from your organization’s generosity.

Note: there is an additional cost for backpacks and supplies @ \$85.00 per kit. (~1 kit per 6-person team)

The Brilliant Bicycle Build ~ 10 ppl – 100 +ppl

Teams collaborate while having fun and helping others at the same time. Teams put bikes together for deserving children, many who have never had their own bike, in the allotted time with instructions and tools provided. When bikes are complete, the children are brought in and their bikes (plus helmets for safe riding!) are presented to them. This is a secret for the kids and creates a great deal of energy in the room for participants, making this a very fulfilling activity.

Note: there is an additional cost for the bikes and helmets = \$185.00/bike kit. A bike kit is composed of a BMX 20” bicycle with a state approved JR. helmet. (~ 1 bike per 4-6-person team)

The Little Red Wagon ~ 10 ppl – 100 +ppl

Teams compete in a range of challenges to earn wagon parts and tools in order to build a Little Red Wagon. Once teams successfully complete the building of the wagon, the stakes are raised as teams shift to the next phase of competition, to get the goods that will then fill their wagon. This high-energy activity quickly goes from competitive to collaborative as everyone tries to fill all wagons to capacity. Wagons get filled with stuffed animals, small toys, books, writing supplies, and sporting equipment, along with a hand-written note from your team and are given to deserving children. True North will seek out a local agency that will identify children in need of and deserving of donations.

Note: there is an additional cost for wagons and toys @ \$125.00 per kit. (~1 kit per 4-6-person team)

Art Kits for Kids ~ 10 ppl – 100 +ppl

The Arts are an area in education that can help close the gap between high- and low-income students’ academic achievement. Support the Arts by making Art Kits for Kids. Your team will create wonderful Art Kits through friendly arts and crafts-related competitions that will earn the art supplies that go into the kits. True North will help locate a deserving organization of these very creative kits if you don’t already have one in mind.

Note: there is an additional cost for art supply kits @ \$85.00 per kit. (~1 kit per 4-6-person team)

Preliminary estimates of charges are indeed estimates. All prices in these estimates are subject to correction, change or modification due to market fluctuations, clerical errors or omissions and other circumstances beyond TRUE NORTH’s control. We look forward to the opportunity of developing and delivering a unique experience for you and your group.



OUTWARD BOUND PROFESSIONAL

Outward Bound® Professional is recognized worldwide as the leader in team building, accelerating the learning process and helping your group achieve outstanding results. Using the wooded landscape and extensive facilities at Edith Macy Conference Center, Outward Bound can orchestrate a high-energy, challenging, and fun experience designed to enhance camaraderie and improve the effectiveness of the team as a whole.



Team Learning Expedition is a series of carefully designed problem-solving activities. Success hinges on how well the group analyzes the problem, how the team identifies and allocates its resources, and how well team members work together in executing the plan. Leadership rotates among the different group members, allowing participants to reflect upon and refine their own styles, as well as analyze other approaches. Throughout the program, Outward Bound facilitators guide discussions, while team members analyze their individual and collective efforts.

Scavenger Hunt is a fun event that provides everyone with a chance to participate, contribute, and work together while getting to know one another, having fun, and making the most of the beautiful setting offered by the Edith Macy Conference Center. The focus of the scavenger hunt can be customized to suit the particular theme of your overall event, the capabilities of your group, the season, and/or the weather.

Orienteering Challenge offers the ultimate test of teamwork with adventure! This complex challenge requires teams to navigate with map and compass from one clue or challenge to another under the pressure of time. Teams are tasked with locating and deciphering each clue in order to progress.

The Great Rafting Regatta is typically used in conjunction with team learning elements. This activity challenges teams to alter history and keep their own version of the mighty *Titanic* afloat! Teams are asked to innovate, execute, meet aggressive performance measures, and integrate diverse work processes all while simulating a virtual team environment. A supply depot is provided with rudimentary equipment and supplies needed to build a raft that will accommodate team members around the designated course while keeping the raft intact.

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The Eco-Challenge asks participants to traverse non-stop across an unmarked course through the wilderness. Hiking, orienteering, climbing, paddling, and problem solving activities may all be components of the challenge. It is not the fastest team that win, but the smartest team. Only through effective communication and collaboration do teams complete and excel in this challenge. Team interdependence and dynamic role shifting are keys to success.

Ropes Course Challenge is typically used in conjunction with team learning elements. This Challenge Course enhances aspects of team performance such as problem solving, team, risk-taking, trust, and communication. The most common outcome for groups is a greater sense of accomplishment, camaraderie, and team spirit.



The Search & Rescue Scenario challenges teams to perform under pressure and strong, decisive leadership. Specific search and rescue skills such as first aid, litter handling, search patterns, and command center communications are taught to small sub-teams. Once these skills are mastered, the team is faced with a unique and challenging search and rescue scenario that includes live victims and real time pressures.

